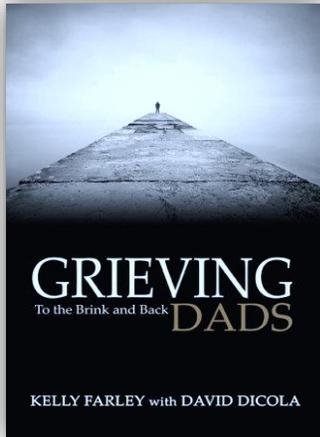


Grieving Dads: To the Brink and Back

By Kelly Farley and David DiCola

Reviewed by Jean Johnson



Last month we focused on providing stories for seasoned grieving mothers of loss.

This month, our focus is on Father's grief, which often is not as highlighted as a mother's sorrow.

A Father's grief is something we should never minimize. Men do grieve differently, yet the pain is as intense as the mother's.

Often men don't verbalize their grief-filled emotions, which can be mistaken by others as not caring.

Kelly Farley is the author and a grieving father who lost his two beautiful babies within an eighteen month period. Those losses made a profound major impact upon his soul. He promised his children that he would find other fathers who were in this dilemma of isolated and hidden grief. He provided for these fathers a safe place to share their tragic stories and shattered emotions, as well as an opportunity to receive emotional support from one man to another.

This book packs a raw and powerful punch of brutal honesty into men's deep and darkest emotions told in their stories. Kelly's intention for writing this book was for men, and anyone who wants to understand, how grief affects a man. The core message of "Grieving Dads: To the Brink and Back" is to show men they are not alone walking out this painful path in life. It is a message that is desperately needed for men who fight against society's expectations of keeping their pain silent and pulling themselves up to act strong.



Jean Johnson – Jean's grief journey began in October 2006 when her daughter was murdered. Jean knows the value of self-help through reading and wants to encourage others to read as well. When she finds a book that she believes will help others, she writes a review to encourage them to seek it out and invest their time in reading as a means of healing after loss.