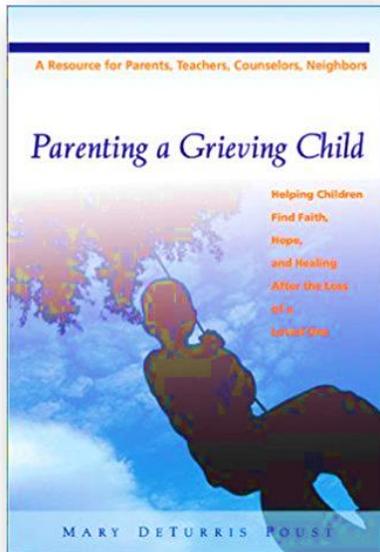


Parenting a Grieving Child
Helping Children Find Faith, Hope and Healing After the Loss of a Loved One
Mary DeTurrís Poust
Review by Jean Johnson



When tragedy strikes a family, both mom and dad are inundated with the strong pain of grief. Sometimes in this place, we forget that our other children hurt deeply too. They may not show it or express it as we would which can cause them to become invisible in their grief.

Most parents are not too sure how to maneuver their own grief journeys, much less acknowledge and teach their other kids how to process pain and loss.

“Parenting a Grieving Child” is a godsend to give us as parents knowledge to help our grieving children. Who knows, we might learn a thing or two for our own path.

Author DeTurrís Poust provides a helpful checklist of behaviors and symptoms to watch for in our children, as well as “red flags” which indicates professional intervention might be considered.

This book highlights a faith perspective and its role in the grieving progression. It is faith that gives us hope for our future and it plays an important role for us and our children’s healing. The author writes and shares her story along with other parent’s stories in a personal heartfelt way. It is sure to offer the practical guidance that we all need.

Parents, if you’re looking for resources on learning how to guide your children through this tunnel of loss and mourning, I would highly recommend this book to you.

#####



Jean Johnson – Jean’s grief journey began in October 2006 when her daughter was murdered. Jean knows the value of self-help through reading and wants to encourage others to read as well. When she finds a book that she believes will help others, she writes a review to encourage them to seek it out and invest their time in reading as a means of healing after loss.