

Mary Lisa Patton, BA. Psych, CADAC-II, ICADC
Hope, Healing & Help
Substance Abuse and Grief - February 7, 2015



Mary Lisa Patton serves clients in private practice in Roseville, Ca and is part of the clinical outreach team at Valley Recovery Center of California. Before private practice, she served as a Substance Abuse Counselor at Therapeutic Solutions 360 in Roseville, CA. Her experience working in treatment/recovery began in 2007 where she was given numerous roles including Case Manager, Group Facilitator, Support Staff, CARF Accreditation Coordinator and Alumni Coordinator at The Rose of Newport Beach, a trauma and addiction residential treatment program on the beach in Southern California. During her internship in college, she worked at The Victorian, an eating disorder rehab also in Newport Beach and facilitated a woman's body image and eating issues group at Rock Harbor church. Mary Lisa Patton attended Vanguard University of Southern California, where she received her undergraduate degree in

Psychology. She continued her education in Addiction Studies at Saddleback College where she focused on Eating Disorders and Substance Abuse.

Experiencing and healing from her own Recovery journey, Mary had a heart to relate to and help other woman. She pursued Psychology in college and it was during that time she worked at a fancy resort in Southern California where she saw the pain and emptiness of woman who had it all on the outside, yet were filling their pain on the inside with alcohol. She believes God gave her this passion as it was working there that he provided another opportunity to work directly with woman recovering from substance abuse.

Mary Lisa enjoys facilitating groups for women that help them discover/celebrate their beauty despite the brokenness and pain of the past. Mary Lisa loves spending time with family, journaling, singing and playing with her pug, Lucy.