



**Sheila Munaf-Kanoza**

Aspects of Teen Grief  
Hope, Healing & Help  
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Sheila Munaf-Kanoza is the founder and Executive Director of Companions on Journey Grief Support. She is a Bereavement Support Specialist, lector, educator, facilitator, nationally published writer.

Her education includes Miami University, American Academy of Bereavement- Nationally Trained/Certified Bereavement facilitator, Nationally Trained Advanced Bereavement Facilitator who was trained and worked with specialists and families after the Oklahoma City Murrah Federal Building bombing and in New York City after “9/11”.

She is a commissioned trainer for the National Catholic Ministry to the Bereaved; Nationally Trained Facilitator through the American Foundation of Suicide Prevention for adults, children and teens, a Certified QPR Gate Keeper Instructor. She is a member of, The National Alliance for Grieving Children, Association of Death Education and Counseling, and Grief Works, the Tri-State Suicide Prevention Coalition, The Partnership for Mental Health, Inc and The Association of Suicidology and a Stephen Minister. She co-leads the bereavement ministry at St. Maximilian Kolbe parish and has lead support groups for since 1996. Currently Sheila is part of a SERA Development team with Cincinnati Children’s Hospital for her pioneering work in field post-vention to suicide and has been a keynote speaker for several Mental Health organizations to help in the prevention and post-vention of suicide.

Ms. Munaf-Kanoza has been recognized for her work with several awards which include: Women of the Year Award; Athena Award Finalist; Woman of Excellence; West Chester Chamber GBI award for outreach work to the community, Moeller Founder’s Day Award.