



# UC Davis Hospice young adult bereavement art group

This group is appropriate for any young adult, age 17 to 24, who is coping with a death of someone close.

**Eight sessions starting Tuesday, February 20, 2018, ending Tuesday, April 10, 2018 from 6 to 7:30 p.m.**

## Topics to be covered during the eight sessions include:

- Acknowledging and understanding grief
- Expressing and accepting feelings
- Changing of roles
- Coping and stress
- Developing supportive relationships

## Group size is limited.

Registration for this group will close February 16 or earlier if filled. We look forward to seeing you.

This is a free service offered by the UC Davis Hospice Program and UC Davis Children's Hospital, along with a generous grant from Children's Miracle Network.

We also provide a general adult grief support group four times a year, and a group for parents who have lost a pediatric age child – starting in January. There are additional groups in the community as well.

**For more information or to register:** Call Don Lewis at 916-734-1139 or email [delewis@ucdavis.edu](mailto:delewis@ucdavis.edu)

## Young Adult Bereavement Art Group

**Tuesdays for eight weeks,  
starting February 20, 2018**

**6 – 7:30 p.m.**

**UC Davis Home Care  
Services Building, Door F**

**3630 Business Drive  
Sacramento, CA 95820**

Business Drive is located  
off 14th Ave., between  
65th Street, and Power Inn  
Road, south of Hwy. 50  
and Folsom Blvd.

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Children's Miracle Network Hospitals partner 